

# **Lessons from the School of Prayer**

## *A Call to Spiritual Reformation, Week 2*

### **Chapter Overview**

- o. Chapter Introduction (19)
1. Much praying is done because we do not plan to pray (19-20)
2. Adopt practical ways to impede mental drift (20-22)
3. At various periods in your life, develop, if possible, a prayer-partner relationship (22-25)
4. Choose models – but choose them well (25-27)
5. Develop a system for your prayer lists (27-29)
6. Mingle praise, confession, and intercession: but when you intercede, try to tie as many requests as possible to Scripture (29-34)
7. If you are in any form of spiritual leadership, work at your public prayers (34-35)
8. Pray until you pray (35-37)
9. Conclusion (37-38)

### **General Discussion**

- What suggestion(s) do you think might be most personally beneficial in this chapter?
- What are the positive and negative things you have learned about praying by listening to others pray?

## **Biblical Meditation**

- What do Christian preachers and teachers mean when they encourage us to “meditate prayerfully on the Word of God”?
  
- The Bible’s appeal to meditation
  - Joshua 1:8
  - Psalm 1:1-3
  - Philippians 4:8
  - 2 Timothy 2:7
  
- What biblical meditation is not
  
- What biblical meditation is
  
- The connection between biblical meditation and prayer
  
- Meditating on the Scriptures: What does it look like?
  - Select a Passage
  
  - Repeat It in Different Ways
  
  - Compare a few translations
  
  - Ask Questions about the Text
  
  - Rewrite It in Your Own Words
  
  - Look for Applications of the Text
  
  - Pray Through the Text
  
  - Don’t Rush – Take Time!